



## HIV/STD Fact Sheet and Testing Education Referral Information

If you are sexually active it is possible you may have become infected with an STD. Many times STDs are asymptomatic, meaning they do not show symptoms. You are at an increased risk of being infected with an STD if any of the following apply 1) you have had sex with more than one partner 2) you have had sex with one partner who had not recently been tested for STDs or who was unfaithful or 3) you have used intravenous drugs. Timely diagnosis and treatment is very important. If it is possible you have been exposed to any STD's, you can call Tarrant County MHMR at (817) 569-4555 for free testing and education. Or call CDC National STD Hotline which provides STD information and referrals to clinics nationwide (800) 227-8922 or (800) 342-2437. It is open 24/7.

**Chlamydia** is a bacterial infection of your genital tract. Symptoms usually start one to three weeks after exposure. Signs and symptoms may include painful urination, lower abdominal pain, vaginal or penile discharge, pain during sexual intercourse or testicular pain, gonorrhea symptoms.

**Gonorrhea** is a bacterial infection of your genital tract, symptoms generally appear within two to 10 days after exposure or longer. Signs and symptoms of gonorrhea may include: thick, cloudy or bloody discharge from the penis or vagina, pain or burning sensation when urinating, abnormal menstrual bleeding, painful; swollen testicles, painful bowel movements, anal itching.

**Trichomoniasis** is a common STI caused by a microscopic, one-celled parasite called *Trichomonas vaginalis*. Signs and symptoms may include vaginal or penile discharge, strong vaginal odor, vaginal or penile itching or irritation, pain during sexual intercourse and urination, HIV symptoms.

**Genital herpes** is highly contagious and caused by a type of the herpes simplex virus (HSV). Symptoms may include: small, red bumps, blisters, open sores, pain or itching in the genital, anal and nearby areas.

**Genital warts**, caused by the human papillomavirus (HPV), are one of the most common types of STDs. The signs and symptoms of genital warts include: small, flesh-colored or gray swellings in your genital area, itching or discomfort in your genital area, bleeding with intercourse.

**Hepatitis A, B and C** are all contagious viral infections that affect your liver, symptoms may occur after several weeks and include: fatigue, nausea and vomiting, abdominal pain or discomfort, loss of appetite, fever, dark urine, muscle or joint pain, itching, yellowing of your skin and the whites of your eyes.

**HIV** is an infection with the human immunodeficiency virus. HIV interferes with your body's ability to effectively fight off viruses, bacteria and fungi that cause disease and can lead to AIDS.

*Early Stage:* When first infected with HIV, you may have no symptoms at all, some people develop a flu-like illness, and usually two to six weeks after being infected, during this period, you are very infectious. Signs and symptoms may include: fever, headache, sore throat, swollen lymph glands, rash, and fatigue.

*Mild Stage:* As the virus continues to multiply and destroy immune cells, you may develop mild infections or chronic signs and symptoms such as swollen lymph nodes, diarrhea, weight loss, fever, cough and shortness of breath,

*Later Stage:* Signs and symptoms include: persistent, unexplained fatigue, soaking night sweats, shaking chills or fever higher than 100.4 F (38 C) for several weeks, swelling of lymph nodes for more than three months, chronic diarrhea, persistent headaches, unusual, opportunistic Infections.

STD Symptoms: Common STD's and their symptoms. (2012, May 1). Retrieved November 11, 2014.